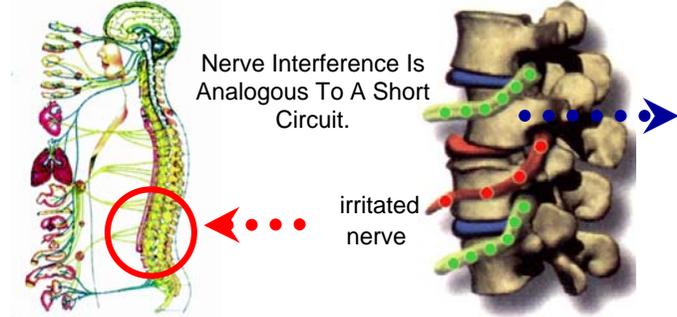


Improper positioning or movements of the vertebrae can irritate, twist, pull or compress these delicate nerves, preventing the vital energy from flowing properly throughout the body. Consequently, the appropriate functioning of the tissues, organs and systems supplied by these nerves may be compromised.



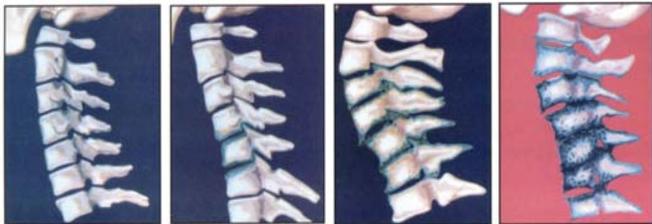
Nerve Interference Is Analogous To A Short Circuit.

irritated nerve

This condition, called a vertebral subluxation, is frequently the cause of symptoms and poor health. Any **physical, chemical or emotional trauma** can cause a vertebral subluxation... Some examples:



Falls and Traumas, Birth Trauma, Stress, Non Resolved Emotional Issues, Improper Diets, Sedentary Lifestyles, Poor Posture and Positions, Car Accidents, Overwork, Improper Physical Exertion, Insufficient Rest, Unhealthy Habits, Dental Malocclusions, Whiplash, Carrying Heavy Backpacks/Loads, Toxins (Alcohol, Tobacco, Drugs), etc.



NORMAL PHASE 1 PHASE 3 PHASE 5

The teeth can develop cavities without any symptoms. In an analogous way, the vertebrae can decay without any obvious warning. Wouldn't it be absurd to take pain medication for cavities instead of having your teeth cared

for by a dentist? Ignoring your spine and proper spinal care can cause serious damage to the vertebrae and compromise one's health. Obviously it is prudent to correct vertebral subluxations instead of covering up symptoms or waiting for spinal damage.

Chiropractic (from the Greek "to do with the hands") is 100% holistic. It doesn't require pharmaceutical, therapeutic, or surgical interventions, but specific adjustments to be performed on the vertebrae.

The purpose of a vertebral adjustment is that of correcting faulty spinal function and to remove interference in the nervous system. In that way, the neurological impulses can once again flow normally throughout the body, bringing strength, vitality, and health.

Chiropractic is not a treatment for back pain or a therapy for symptoms! The job of a chiropractor is unique; it is to remove vertebral subluxations. Everyone can benefit from a healthy spine and a nervous system without interference. Without subluxations, everyone can arrive at their maximum health potential and state of well being.

Chiropractic is well known for its beneficial "side effects". Many persons initially coming to the office for back pain or headaches relate that many health problems (and not only physical) that they had disappeared. This is because chiropractic reconnects the body with the nervous system which controls and regulates the body.

Children & Adolescents

Your child has had his teeth, eyesight, hearing, nose and throat and heart examined. Most likely, he never had a thorough examination of his spine. The vertebral column houses and protects the nervous system which controls the functioning of the body...



A chiropractic check-up can determine if your child suffers from vertebral malpositioning or spinal imbalances and nerve interference. It could be the most important exam

he'll ever have... The visit can mean the difference between a life of strength, vitality and complete health, and an existence marked with illness, physical and mental weakness and incapacity..

Subluxation Warning Signs

One Hip Higher Than Other, Reduced Range of Motion, Rotated Foot, Head Bent Forward, Chronic Fatigue, Dental Malocclusions, One Leg Shorter Than Other, Joint Discomfort, Hyperactivity, "Joint Noise" During Movement, Winged Shoulder Blades, Nervousness, Scoliosis, Improper Posture, Uneven Heel Wear in Shoes, Falling Down Frequently, Hunched Back, One Shoulder Higher Than Other, etc.

The Chiropractic Adjustment

The Chiropractic adjustment is a specific and precise manual correction. The direction, strength, and depth of the force is carefully studied, controlled and applied. It's not to be confused with a "manipulation". Scientific literature relates that, "A vertebral correction is much safer and effective when performed by a Chiropractor."

Manga P., Angus D., et al., "The Effectiveness and Cost Effectiveness of Chiropractic Management of Low Back Pain." The Ontario Ministry of Health. Ottawa, Canada. (Aug. 1993).



Chiropractic is not an "alternative Medicine", but a distinct vital and separate complementary health care profession.

The Doctorate in Chiropractic

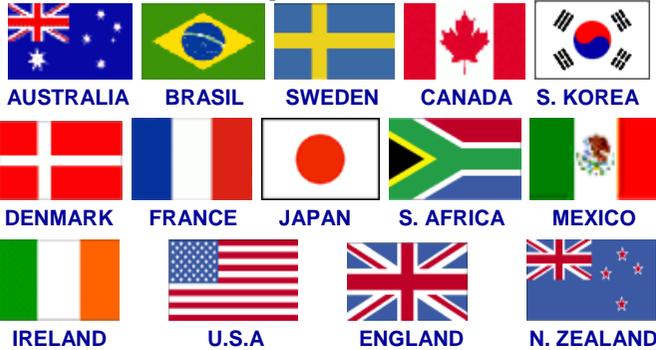


The Doctor of Chiropractic completes more or less the same number of course hours as do Medical Doctors and Dentists. After graduating from high school (12th grade, at 18 years of age), the Chiropractic student must frequent between five and seven years ♦ (full time study, and attendance is mandatory), a university course before receiving his doctorate in Chiropractic. The course itself consists of almost **5,000** hours.

◆ In the U.S. and other countries, the minimum university preparation required before entering the faculty of Chiropractic is 3 years. The degree **doctor of chiropractic** is given after 7 years of university in total.

The doctor of chiropractic is also obligated to perform almost 1,000 hours of clinical rotations in the university's chiropractic clinics so as to guarantee the patients technical competency, professionalism and safety. Before obtaining licensure to practice chiropractic, chiropractors from many countries must pass stringent professional examinations.

World Chiropractic Universities



The world's chiropractic universities are well endowed with libraries, public clinics, rehabilitation centers, gyms, laboratories (human dissection, physiology, histology, bacteriology, neuroanatomy, radiology, etc.), research facilities and high technology climate controlled lecture halls. The facilities are decidedly avant-garde, and some are the absolute best found anywhere.



Attention; Caveat Emptor!

In Italy the university faculty of chiropractic does not exist, and currently the profession is in a phase of being legislated. Consequently, there are unqualified individuals offering "chiropractic care and techniques", and calling themselves "chiropractors". As you cannot become a medical doctor or dentist attending brief "courses", you cannot become a chiropractor doing such.

To find a qualified doctor of chiropractic, to get a list of the names and addresses of chiropractic universities, and for more information, contact: l'Associazione Italiana Chiropratici, **Numero Verde: 800 017806** Sito Internet: www.associazionechiropratici.it

Scientific Research

The amount of research attesting to chiropractic's scientific validity, efficacy and safety is enormous. You can find thousands of articles written in the most prestigious publications in the world such as: *Journal of the American Medical Association (JAMA)*, *American Journal of Medicine, Spine, British Medical Journal, Western Journal of Medicine, Lancet, Hospitals, International Orthopedics, JMPT, Journal of American Health Policy, Journal of Orthopaedic Medicine, ecc.*

Functional Improvement

In 1994 the American Department of Health proclaimed that "Chiropractic is one of the most effective methods, to be preferred over others, for low back pain." It asserted furthermore that "Chiropractic is the only intervention whose benefit included symptomatic relief and functional improvement."

Bigos S., Bowyer O., et al., "Acute Low-Back Problems in Adults." Clinical Practice Guideline No. 14, United States Department of Health and Human Services, Public Health Service, Agency for Health Care Policy and Research, AHCPR Publication No. 95-0643, Rockville, MD (December, 1994).

Chiropractic Increases One's Health

In 1992, Stano et al. analyzed the records of more than 2,000,000 patients who regularly utilized Chiropractic care in the U.S. In this report it was related that "Chiropractic patients tend to have less health care costs in general being that chiropractic reduces both the need of the Medical doctor and hospital care."

Stano, Miron, Jack Ehrhart, and Thomas J. Allenburg. "The Growing Role of Chiropractic in Health Care Delivery." *Journal of American Health Policy* (Nov./Dec.), 39-45. (1992).

CHIROPRACTIC

A Brief Introduction to Chiropractic...



By way of our nervous system (brain, spinal cord, and nerves), the innate intelligence resident within controls and regulates the functioning of every cell, tissue, organ and system of the body.

The nervous system is also the vital link with our mind and spirit. If there are no obstacles to the nervous system's proper functioning, it's even able to heal the body and keep it healthy.

The brain is protected by the cranium and the spinal cord is protected by 24 moveable bones called vertebrae. From each spinal articulation two spinal nerves branch out and bring nerve impulses to every part of the body.

